



Summer 1: 'Real Superheroes' – People Who Help Us.



Key objectives we will develop over the next few weeks include teaching children to:

- Develop storylines in their pretend play.
- Talk about members of their immediate family and community.
- Learn and use new vocabulary.
- Engage in story times
- Listen to and talk about stories to build familiarity and understanding.
- Compare and contrast characters from stories
- Create collaboratively, sharing ideas, resources and skills
- Use talk to help work out problems and organise thinking and activities, and to explain how things work and why they might happen.
- Form lower-case and capital letters correctly
- Spell words by identifying the sounds and then writing the sound with letter/s
- Write short sentences with words with known letter-sound correspondences using a capital letter and full stop.
- Re-read what they have written to check that it makes sense
- Sing in a group or on their own, increasingly matching the pitch and following the melody.
- Count beyond twenty.
- Recall number bonds to 10.
- Know and talk about the different factors that support their overall health and wellbeing.

For the next few weeks we will be learning about people who help us at home and in the community. Our initial discussions will be about our family who love and care for us at home, then we will move on to talk about members of the community who help us such as teachers, bakers, lollipop persons and waste collection people. Finally we will learn about emergencies and we will learn how different services such as the fire brigade, police, doctors, vets and coastguard can help us in an emergency.

We will read *A Superhero Like You* by Dr Ranj and consider the type of superhero we would like to be when we grow up and what superpowers we will have.

In play we will design and build our own emergency vehicles such as a lifeboat and will explore floating and sinking. We will transform our role play area into a doctors surgery and we will imagine that we are real superheroes who help to take care of people. We will add a fire station and emergency vehicles to our small world play and we will become bakers when playing with the playdough.

We will also learn about ways in which we can keep ourselves safe and healthy and we will take part in the schools toothbrushing scheme to practice good oral hygiene.

Question and Discussion Time

Who helps us at home?

Who helps us in the community?

What is an emergency?

Who do we call in an emergency?

How can we stay safe at home/outdoors/on line/when travelling?

How can we keep our bodies healthy?

Key Vocabulary

Doctor, nurse, surgeon, paramedic, midwife, vet, receptionist, Prescriptions, medicine, stethoscope, syringe, thermometer, plaster, bandage, appointment, Xray.

Firefighter, engine, hose, axe, mask.

Police officer, coast guard, teachers, bakers, lollipop persons and waste collection persons

build, construct, plan, design, tall, small, strong, weak, float, sink, water, liquid, air, surface, above, below, weight, heavy, light, size, shape, hollow, materials.

Things You Could Do At Home

Practice ways of staying safe and healthy:

- Remember to brush teeth twice a day for two minutes at a time. The two minute toothbrushing song available on YouTube is good fun to brush along to.
- Choose healthy snacks, drink plenty of water and keep active.
- Learn ways to stay safe when online, outdoors and when travelling.
- Create a plan for what to do in an emergency at home.