

Statements to Live By

1a

I believe that I am special and created by God.

I can say one good thing about myself.

I am pleased to hear good things said about me.

I can say how I feel.

I can say one thing I would like to get better at (personal / academic).

I can laugh and have fun.

I can appreciate my good qualities.

1b

I know that it is ok for me to make mistakes.

I can learn from my mistakes and failures.

I can set a simple target for myself.

I try to keep going when things are difficult and not give up hope.

I am proud of what I can do.

I know what humility means.

1c

I know what trust means.

I try to be honest and tell the truth, even when it is hard.

I know what to do if I see anyone being hurt.

I understand that rights match responsibility.

I try to stand up for myself and others without hurting others.

I believe that everyone is special and created by God.

I can affirm the gifts and talents of others.

I can help somebody today.

I try to be just and fair.

2

I try to love others as I love myself.

I have a job to do in God's world.

I try to follow our school and classroom rules.

I try to think about the needs of all God's family.

I try to take care of God's world around me.

I will pray for others, they will pray for me.

I can say how I can improve God's world.

I know I belong in a community.

I treat all adults and children with respect.

I know about the people who work together in our school.

I think before I make a choice about how I behave.

I know we are happiest when we are united.

3a

I can tell you how I look after myself.

I think before I make choices that affect my health.

I realise what I do affects how others feel.

I can use the knowledge and information I have wisely.

I can work, play, rest and pray each day.

Happiness is a good feeling.

Simple things can make us happy.

3b

I know when to ask for help.

I know who to ask for help.

I can recognise comfortable and uncomfortable feelings.

I know how to help others when they are in trouble.

I know that God says 'Do not be afraid, I am with you.'

4a

I listen to what you say. I show that I am listening to you.

I co-operate with others in work and play.

I try to use words that make the world a better place. (Please, Sorry, Thank you)

I try to look at the world through your eyes.

I try to appreciate that God is in all things.

I try to see the good things in other people.

I can love and care for our planet.

I try to work out disagreements peacefully.

4b

I do not join in when others are being hurt.

I know what human dignity means and I show that I respect others.

I stand up for people who are being treated unfairly.

I try to be patient with people.

I matter, so do you.

I notice that we are the same and we are different.

I try to be tolerant of others.

Statement Experience

I try to forgive people when they hurt me.

I try to accept forgiveness from others.

I know how to show I am sorry.

I try to understand that God loves and forgives me.

I have the freedom to make my own choices.