



THURSTON

Wednesday 4th - Friday 6th June 2025

Thurston Outdoor Education Centre

Coniston, Cumbria



DEPARTURE DAY

- **Children to come straight into the School Hall with Luggage labelled with their name from 8:30am (school will provide a luggage label)**
- **Children who USUALLY attend Breakfast Club, still attend as usual**
- **Departure from St James School at 8:45am on Wednesday 4th June.**
- **Return Friday 6th June at approximately 11am from Thurston**
- **We will update you regularly using Arbor in-app messaging service and will post on Facebook**

WHAT YOU NEED

- **2 pairs of thick hiking socks (not cotton) and sufficient normal daywear socks**
- **1 pair of old trainers or plimsolls for water activities (they will get wet)**
- **1 pair of indoor shoes or slippers**
- **1 pair of outdoor shoes**
- **At least 2 warm jumpers/fleece tops**
- **2 T-shirts or polo shirts**
- **3 pairs of trousers/joggers (loose fitting - not jeans)**
- **At least 1 pair of gloves or mitts**
- **At least 1 woollen/fleece hat**
- **Nightwear**
- **Several changes of underwear**
- **Wash kit and towels**
- **Torch and spare batteries**
- **Elastoplast plasters and personal medication (labelled with name)**
- **Pen, pencil**
- **A small amount of sweets. ALL SWEETS MUST BE NUT FREE**
- **Pocket money - £10 is plenty (there will be opportunities to purchase souvenirs)**
- **Sun block (factor 15 or above), midge repellent and sun hat for summer courses**
- **Swimming costume**
- **Lunch box or bag**
- **Plastic drinks bottle**
- **A bin liner for dirty clothes (end of course)**
- **Since storage space in the dormitories is limited, please bring only essential clothing.**

THE JOURNEY

You may want to bring a very small bag/backpack with a couple of things to occupy you on the bus i.e. magazine, book etc

NO MOBILE PHONES OR DEVICES

Please take any anti-sickness medication before school

THE IMPORTANT STUFF

If at any time we need to contact you regarding your child we will do so as soon as possible.

St James staff will be with the children at all times.

We will update you using our in-app service and will post on Facebook.

SUPERVISION AND SAFETY

Three members of St James Staff will be attending with the children. Mrs Hayden, Mrs Hudson and Mrs Mullen.

Outside of daytime activities Thurston and St James staff will supervise the children at all times, including mealtimes.

St James staff will be available for their group throughout the night, if needed.

CHECKLIST

Any prescribed medication must be brought into the school office and handed to a member of staff on Monday 2nd June

Prescribed medication must be clearly labelled with instructions.

You MUST fill in the consent form. The link will have been sent to you via text message.

Full payment MUST be made by Friday 30th May

QUESTION TIME...

Remember you can phone school or pop in if there is anything you would like to discuss personally.