





## Your Residential; what you need to know













**South Tyneside Council** 









Spread the word!

THIS IS SOUTH TYNESIDE



- Where and who
- What a trip looks like
- Support from home

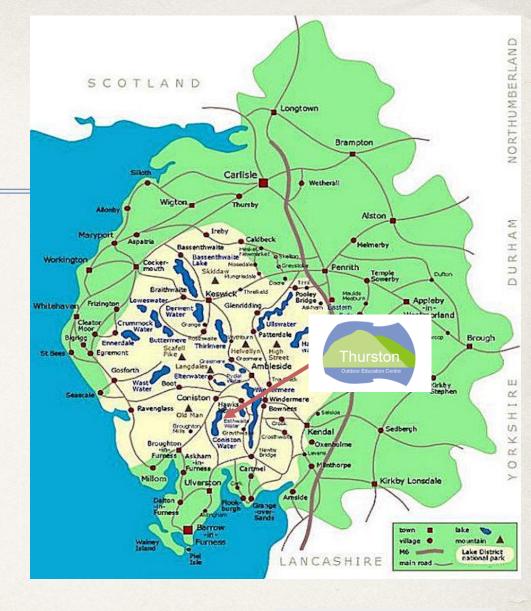






### Where are we?

- \* South lakes, East side of Coniston Water
- 45mins off a590, 2.5 miles out of Coniston
- Coach travel approx. 3hours





### Who are we?

- LEA Outdoor Education Centre
- Part of wider outdoor education service (Simonside Climbing Wall)
- Every year we see over 2000 participants complete challenges and adventures
- Fully accredited learning organisation







# What we do

Outdoor Education
Learning at Thurston









### The Centre





What does the trip look like?

Arrival Day - 12-2 at the center, sort some personals - mini adventure

Whole day – Bigger adventures; Lake, hill, ghyll

Departure day – pack, mini adventure, Departure usually at 11am



# A Day at Thurston

7 - 7.30am Get up

8am Breakfast

8.45am Jobs

9am – 5pm Adventure!

5.30pm Dinner time

6.30pm Jobs

7pm Evening fun

8pm Barn/Other

9pm Heading to the house

9.30-10pm Bed and lights







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## FAQ's

- Food allergies, intolerances etc
- Kit and equipment
- Contact
- Sweets and treats
- Phones and tech

What does the week look like?

Monday – arrive 12-2, sort some personals – mini adventure

Day 1 – Mountain Day

Day 2 – Lake and site day

Day 3 – Local adventures

Friday – pack, mini adventure, depart at 11am

