



# WEEK 1

# WEEK 2

# WEEK 3

MONDAY

**CHOOSE A MAIN MEAL:**  
Cheese and Tomato Pizza(V)  
Or  
Quorn Curry ♥  
Or  
Cheesy Broccoli Pasta Bake  
Or  
Jacket Potato with a choice  
of topping

**ON THE SIDE:**  
Potato Wedges/ Rice  
Garlic Bread  
Sweetcorn  
Mixed Pepper Strips  
**DESSERT: Choice of:**  
Oaty Hob Nob Biscuit  
Cheese & Crackers  
Fresh Fruit or Yoghurt

TUESDAY

**CHOOSE A MAIN MEAL:**  
Posh nuggets 🚚  
Or  
Beef Spaghetti Bolognese ♥  
Or  
Vegetable Enchilada's (V)  
Or  
Jacket Potato with a choice  
of topping

**ON THE SIDE:**  
Garlic and Herb Potatoes  
Garlic Slice  
Carrot Batons  
Broccoli  
**DESSERT: Choice of:**  
Chocolate Crispy Crunch  
Cheese & Crackers  
Fresh Fruit or Yoghurt

WEDNESDAY

**CHOOSE A MAIN MEAL:**  
Roast of the Day 🚚 ♥  
Or  
Cheese and Tomato Pasta  
Or  
Vegetarian Toad in the Hole  
Or  
Jacket Potato with a  
choice of topping

**ON THE SIDE:**  
Mashed Potatoes  
Yorkshire Pudding/Stuffing  
Cauliflower Cheese  
Carrots  
**DESSERT: Choice of:**  
Orange Cake and Custard  
Cheese and Crackers  
Fresh Fruit or Yoghurt

THURSDAY

**CHOOSE A MAIN MEAL:**  
Chadwick's Chicken Curry ♥  
Or  
Tuna Sandwich  
Or  
No Meat Ball Flatbread (V)  
Or  
Jacket Potato with a choice  
of topping

**ON THE SIDE:**  
Wholemeal Rice  
Sweetcorn  
Homemade Coleslaw  
Green Beans  
**DESSERT: Choice of:**  
Mousse with mandarins  
Cheese & Crackers  
Fresh Fruit or Yoghurt

FRIDAY

**CHOOSE A MAIN MEAL:**  
Breaded Fish Cake  
Or  
Cheese and Bean Wrap  
Or  
Mac & Cheese 🚚  
Or  
Jacket Potato with a  
choice of topping ♥

**ON THE SIDE:**  
Chips  
Peas  
Baked Beans  
**DESSERT: Choice of:**  
Summer Fruit Crumble &  
Custard  
Cheese & Crackers  
Fresh Fruit or Yoghurt

**CHOOSE A MAIN MEAL:**  
Cheese and Tomato Pizza(V)  
Or  
Veggie Shepherd's Pie(V) ♥  
Or  
Double Filled Jacket Potato  
Or  
Jacket Potato with a choice  
of topping 🚚

**ON THE SIDE:**  
Vegetable sticks & Hummus  
Potato Wedges  
Sweetcorn  
Baked Beans  
**DESSERT: Choice of:**  
Jam sponge & custard  
Cheese & Crackers  
Fresh Fruit or Yoghurt

**CHOOSE A MAIN MEAL:**  
Mr Tindale's Special Katsu  
Chicken 🚚  
Or  
Chicken and Veg Savoury  
Rice  
Or  
Quorn Mince filled Taco's(V) ♥

**ON THE SIDE:**  
Silced Oven Baked Potatoes  
Broccoli  
Cauliflower  
**DESSERT: Choice of:**  
Fruity Jelly and Ice-cream  
Cheese & Crackers  
Fresh Fruit or Yoghurt

**CHOOSE A MAIN MEAL:**  
Roast of the Day 🚚  
Or  
BBQ Turkey Steak ♥  
Or  
Creamy Tomato Pasta Bake  
Or  
Jacket Potato with a  
choice of Topping

**ON THE SIDE:**  
Roast Potatoes  
Yorkshire Pudding/Stuffing  
Homemade Bread  
Carrots  
Peas  
**DESSERT: Choice of:**  
Apple Crumble Cake  
Cheese & Crackers  
Fresh Fruit or Yoghurt

**CHOOSE A MAIN MEAL:**  
Northumberland Sausage  
Swirl 🚚  
Or  
Ham Sandwich  
Or  
Sweet Chilli Noodles (V) ♥  
Or  
Jacket Potato with a choice  
of Topping

**ON THE SIDE:**  
Mashed Potato  
Gravy  
Broccoli  
White Cabbage  
**DESSERT: Choice of:**  
Mrs Vickers Orange Biscuits  
Cheese & Crackers  
Fresh Fruit or Yoghurt

**CHOOSE A MAIN MEAL:**  
Cheese and Tomato Pizza(V)  
Or  
Macaroni Cheese 🚚  
Or  
Salmon Pasta ♥  
Or  
Jacket Potato with a choice  
of topping

**ON THE SIDE:**  
Homemade Potato Wedges  
Garlic Slice  
Sweetcorn  
Carrot Batons  
**DESSERT: Choice of:**  
Chocolate Orange Muffin  
Cheese & Crackers  
Fresh Fruit or Yoghurt

**CHOOSE A MAIN MEAL:**  
Savoury Mince & Dumplings  
Or  
Tikka Chicken Wrap ♥  
Or  
Cheese Sandwich (V)  
Or  
Jacket Potato with a choice  
of topping

**ON THE SIDE:**  
Mashed Potato  
Broccoli  
Cauliflower  
**DESSERT: Choice of:**  
Mrs Morton's Angel Crunch  
Cheese & Crackers  
Fresh Fruit or Yoghurt

**CHOOSE A MAIN MEAL:**  
Roast of the Day 🚚 ♥  
Or  
Creamy Chicken Pasta  
Or  
Quorn Sausages (V)  
Or  
Jacket Potato with choice  
of topping

**ON THE SIDE:**  
Roast Potatoes  
Yorkshire Pudding/Stuffing  
Homemade Garlic Slice  
Carrots/Broccoli  
**DESSERT: Choice of:**  
Chocolate Cake & Custard  
Cheese & Crackers  
Fresh Fruit or Yoghurt

**CHOOSE A MAIN MEAL:**  
Steak and Vegetable Grill 🚚  
Or  
Mr Parkins Hunters Chicken  
Or  
BBQ Quorn Wrap (V)  
Or  
Jacket Potato with a choice  
of topping ♥

**ON THE SIDE:**  
Diced Paprika Potatoes  
Roasted Sweet Potato  
Sweetcorn and Peas  
Mild Peppercorn Sauce  
**DESSERT: Choice of:**  
Fruity Jelly & Ice-cream  
Cheese & Crackers  
Fresh Fruit or Yoghurt

**CHOOSE A MAIN MEAL:**  
Breaded or Battered Fish  
Or  
Cheesy Quiche 🚚  
Or  
Jacket Potato with a choice  
of topping ♥

**ON THE SIDE:**  
Chips  
Mushy Peas  
Baked Beans  
**DESSERT: Choice of:**  
Toffee Apple Muffin  
Cheese & Crackers  
Fresh Fruit or Yoghurt

