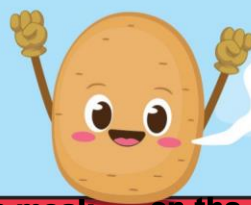


WEEK one



Jacket Potato
available
everyday

WEEK two



WEEK three



CHADWICK'S
KITCHEN

Autumn &
Winter

2022

Monday

choose a main meal:

Pizza Monday!
Cheese and Tomato Pizza (V)
Or
Vegetable Quesadilla (V) Or
Or
Roasted Vegetable Pasta Bake (V) Or
Jacket Potato with choice of topping

on the side:

Potato Wedges
Baked Beans
Sweetcorn
Fresh Carrot Batons

for dessert:

Choice of: Homemade Iced
Sponge, Cheese & Crackers,
Fresh Fruit or Yoghurt

choose a main meal:

Pizza Monday!
Cheese & Tomato Pizza (V)
Or
Spaghetti with Tomato Sauce (V) Or
Vegetarian Lasagne (V)
Or
Jacket Potato with a choice of topping

on the side:

Peas
Corn on the Cob
Potato Wedges

for dessert:

Choice Of: Chocolate Brownie
Surprise, Cheese & Crackers,
Fresh Fruit or Yoghurt

choose a main meal:

Pizza Monday!
Cheese & Tomato Pizza (V)
Or
Vegetable Quesadilla (V) Or
Crunchy Topped Tomato Pasta Bake (V)
Or
Jacket Potato with choice of topping

on the side:

Broccoli
Sweetcorn
Diced Potatoes
Garlic Bread

for dessert:

Choice of: Apple Cornflake
Crunch, Cheese & Crackers,
Fresh Fruit or Yoghurt

Tuesday

choose a main meal:

Homemade Chicken Curry & Rice
Or
Cheese and Broccoli Quiche (V)
Served with Sliced oven baked Potatoes
Or
Chicken Style Quorn Burrito (V) Or
Jacket Potato with choice of topping

on the side:

Green Beans
Sweetcorn
Homemade Coleslaw

for dessert:

Choice of: Chadwick's Kitchen
Fruity Flapjack, Cheese &
Crackers, Fresh Fruit or Yoghurt

choose a main meal:

Sausage & Baked Bean Casserole topped
with Mashed Potato
Or
BBQ Chicken Wrap
Or
Quorn Curry (V) Or
Jacket Potato with a choice of topping

on the side:

Wholemeal Rice
Broccoli
Swede

for dessert:

Choice of: Cheesecake with
Mandarin Oranges, Cheese &
Crackers, Fresh Fruit or Yoghurt

choose a main meal:

All Day Breakfast:
Sausage or Quorn Sausage (V), Bacon
Scrambled Egg, Beans, Tomato, Hash
Brown and Toast
Or
Cheese & Tomato Tagliatelle (V) Or
Jacket Potato with Choice of topping

on the side:

Broccoli
Carrot Batons
Mixed Pepper Strips

for dessert:

Choice of: Rice Pudding with
Apricot Compote, Cheese &
Crackers, Fresh Fruit or Yoghurt

Wednesday

choose a main meal:

Roast of the day, served with Roast
Potato, Yorkshire Pudding and Gravy
Or
Stuffed Peppers (V)
Or
Macaroni Cheese (V) Or
Jacket Potato with a choice of topping

on the side:

Mashed Swede & Carrot
Parsnips
Garlic Slice

for dessert:

Choice of: Apple Sponge and
Custard, Cheese & Crackers,
Fresh Fruit or Yoghurt

choose a main meal:

Roast of the day, served with Roast
Potato, Yorkshire Pudding and Gravy
Or
Quorn Roast (V)
Or
Ham Pasta Carbonara Or
Jacket Potato with a choice of topping

on the side:

Carrots
Cauliflower Cheese
Homemade Bread

for dessert:

Choice of: Apple & Banana Cake
& Custard, Cheese & Crackers,
Fresh Fruit or Yoghurt

choose a main meal:

Roast of the day, served with Roast Potato,
Yorkshire Pudding and Gravy
Or
Quorn Sausages (V)
Or
Chicken & Tomato Pasta Or
Jacket Potato with a choice of topping

on the side:

Carrots
Sprouts

for dessert:

Choice of: Sticky Toffee Pudding
& Custard, Cheese & Crackers,
Fresh Fruit or Yoghurt

Thursday

choose a main meal:

Homemade Mince Beef Pie with Mashed
Potato
Or
Quorn Sausages with Mashed Potato (V)
Or
Chicken and Tomato Pasta Or
Jacket Potato with a choice of topping

on the side:

Broccoli
Cabbage
Homemade Bread

for dessert:

Choice of: Mrs Vickers homemade
Jammie Dodgers, Cheese &
Crackers, Fresh Fruit or Yoghurt

choose a main meal:

Mince & Dumplings with Creamy Potato
Or
Mrs Morton's Sticky Honey Chicken &
Spaghetti
Or
Tomato & Basil Pasta (V) Or
Jacket Potato with a choice of topping

on the side:

Cabbage
Peas
Diced roasted Sweet Potato

for dessert:

Choice of: Winter Fruit Sponge &
Custard, Cheese & Crackers,
Fresh Fruit or Yoghurt

choose a main meal:

Mrs Vickers Spanish Chicken with Rice
Or
Beef Spaghetti Bolognese
Or
Mac n Cheese (V)
Or
Jacket Potato with a choice of topping

on the side:

Cauliflower
Green Beans
Roasted Veg Cous Cous

for dessert:

Choice of: Mr Parkin's Sticky
Ginger Parkin, Cheese &
Crackers, Fresh Fruit or Yoghurt

Friday

choose a main meal:

Fish in breadcrumbs
Served with Chips
Or
Chinese Egg Fried Rice (V) & Curry Sauce
Or
Jacket Potato with a choice of topping

on the side:

Peas
Baked Beans

for dessert:

Choice of: Chocolate Crispie
Cake, Cheese & Crackers, Fresh
Fruit or Yoghurt

choose a main meal:

Jumbo Fish Fingers and Chips
Or
Salmon Pasta
Or
Quorn no meat-ball Sub (V)
Or
Jacket Potato with a choice of topping

on the side:

Peas
Baked Beans

for dessert:

Choice of: Mr Mc Nally's Viennese
Whirl, Cheese & Crackers,
Fresh Fruit or Yoghurt

choose a main meal:

Fish Fingers
Served with Chips
Or
Assorted Panini's
Served with Chips
Or
Jacket Potato with a choice of topping

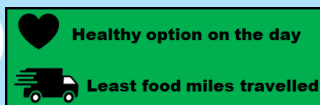
on the side:

Peas
Baked Beans

for dessert:

Choice of: Banana Muffin,
Cheese & crackers,
Fresh Fruit or Yoghurt

Fresh water
available
everyday



Fresh salad
available
everyday

Menu - October 2022 - April 2023